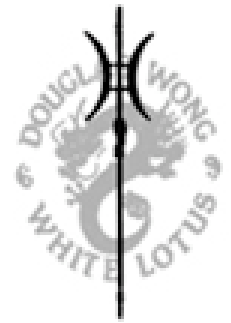


WHITE LOTUS MONTHLY



AUGUST 2007

Congratulations to all those that recently tested on Saturday, July 21. They greatly displayed their hard work and diligence, and we hope that everyone will continue to train as hard as they can.

Congratulations to those that received their received their **Children's Level 1 – Orange sash**: Taeylor Emi, Trevor Emi, Sam Gold, Jessica Mares, Stephanie Matsuno, and Jason Rivas.

Children's Level 2 – Purple Sash: Andy Mercado, Brandon Vu, and David Wong.

Adult Level 1 – Orange Sash: Arlyne Ramirez.

On August 5, Master Wong presented Chinese Weapons at the Martial Arts History Museum. Though numbers were small, those in attendance were enlightened by the information and demonstrations of the Chinese arsenal. There were four tables and a weapons rack displaying a myriad of weapons: Quando, Tiger Fork, Dragon Spear (the symbol of the White Lotus System), Monkey Staff, Rope Dart, Steel Whip, Canes, Daggers, Swords, Stars, Bamboo Shields and more.

Be sure to check our studio website at www.whitelotuskungfu.com. A special thanks to Jennifer Reese and Danielle Gold for the photos, expertise, and time they have so contributed thus far!

QUOTE FOR THOUGHT

“I’ve learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow.”

-Maya Angelou

Check out one of Sifu Travis’ new videos:
www.youtube.com/LiLTi2avis

UPCOMING SEMINAR!

MUAY THAI WITH MARK KOMURA
Saturday August 18, 2007
1:35-3:35

Coach Mark Komura will be returning on August 18, to present another Muay Thai workshop. This is a great workout, and will be an amazing experience for anyone that is interested. Please remember that all of our workshops are open to the general public, so invite your friends and family!

AUGUST BIRTHDAYS

Send some birthday wishes to your fellow classmates and instructors.

Adult Classes

Stephanie Fong – 8/24

Jennifer Reese – 8/29

Children's Classes

Taelyr Emi – 8/30

If we missed anyone we apologize. Please Let us know so we can correct our records.