



**SATURDAY,  
AUGUST**

**18, 2007**

**1:35 - 3:35 PM**

**\$30 Per Person**

*Held at White Lotus Kung Fu Studio*

*19641 Parthenia Street, Suite 100*

*Northridge, CA 91324*

*Any questions call (818) 993-9664*

*THIS WORKSHOP IS OPEN TO EVERYONE*

**Workshop will consist of:**

- ✓ **Basic techniques for knees & elbows**
- ✓ **Working from the clinch**
- ✓ **Defending the knees and elbows**

**Please bring your gloves,  
hand wraps, and cup  
if you have them  
– NOT REQUIRED!**



*White Lotus Kung Fu Studio presents*

*Mark Komuro; Certified Senior Instructor for the United World Muay Thai Association under Kru Vut Kamnark. He has been training fighters for competition since 1992. Mark has trained numerous champions and has worked at the world famous L.A. Boxing Club in Downtown Los Angeles. He is currently teaching at the L.A. Youth Athletic Club Boxing Gym in Lincoln Heights. Mark has also trained in boxing and Aikido.*