

White Lotus Kung Fu PRESENTS

Master Tom Chan & Master Wilson Quan

SATURDAY - JUNE 16, 2007

1:35 to 3:35 pm

Cost: \$30

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**** EVERYONE IS WELCOME TO JOIN US ****

SURVIVING WHEN FIGHTING GOES TO THE GROUND

- Component of the Cone of Balance
- Body anatomy of straight vs circle
- Before the fight goes to the ground
- Three causes of ending up on the ground
- Types of falls
- The attack tools
- What to expect